

WRAS FESTIVAL OF SPORT DRAFT PROGRAM

FRIDAY 2 November 2007

All squad staff to attend Orientation, planning for Weekend and team building - 6.30 Rookies, 7.15 Food & returning staff, 7.45 team building

SATURDAY 3 November 2007

	9.30-10.00	10-10.45	10.45-11.15	11.15-11.30	11.30-12.00	12.00-12.30	12.30-1.00	1.00-1.30	1.30-2.00	2.00-2.30	2.30-3.15	3.30-4.30	4.30-5.30	
Bball&Snr Hockey Lone star Netball Softball Tennis Triathlon High P & Snr	Orientation - NEW athletes and staff - Lecture Theatre S15	Orientation - ALL athletes and staff - Lecture Theatre S15	Squad meetings, uniforms, etc	Move to Gym, other areas and fields and eat morning tea	Physical testing - C1			Lunch		Team building - C1			Lecture - ALL athletes Respect and Resp Lecture Theatre S15	Lecture - NEW athletes ANTI-DOPING Lecture Theatre S15
					Lunch and photos		Team building - C2		On Tennis court					
					FMS		Lunch		Photo	Team building - GL				
					C2		Lunch		Team building - C2					
					Team building - LR		Lunch	Photos	FMS - GF					
					Lunch		FMS		Team building - GD					
					FMS - GF			Lunch	Team building	Photo				
With sport squad									Photo	With sport squad				

SUNDAY 4 November 2007

	8.30-9.00	9.00-9.30	9.30-10	10-10.30	10.30-11	11.-11.30	11.30-12	12-12.30	12.30-1.00	1-1.30	1.30-3.30	
Bball&Snr Hockey Netball Tennis Triathlon High Perf		FMS - GF		C1 and 2			Lunch and Photos		C1			
		Physical testing - BHC				FMS/Practice - BHC			Lunch	On field - BHC		
		FMS - GF		Physical testing - OBC					Lunch	C2		
		Physical testing - C1				Photo	Tennis Courts - ETC		Lunch	Tennis Courts - ETC		
		Compete in Triathlon										

As agreed with Head Coach

Keys

Training	Photos	Lunch	FMS	Testing	Team building
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Facilities Key

C1	Court 1 - Gym - CSU
C2	Court 2 - Gym - CSU
DH	Grand Dining Hall - CSU
GD	Gym Dance Studio - CSU
GF	Gym Foyer - CSU
GL	Gym - Lecture Room - CSU
HF	Hockey Field - CSU
OBC	Outdoor Basketball Court - CSU
S15	Large Lecture Theatre
TC	Tennis Courts - CSU
BHC	Bathurst Hockey Complex
ETC	Eglinton Tennis Centre